

*If you don't like something, change it.
If you can't change it, change your attitude..*

- Maya Angelou



Reflection:

What big moments showed up for you this year? How did life unfold in a way that challenged you?

Celebration:

How did you grow? What parts of you expanded this past year?

Re-Vision:

What will you carry into 2022? What has yet to be awakened? How will you support yourself in maintaining your vision? (action steps)
